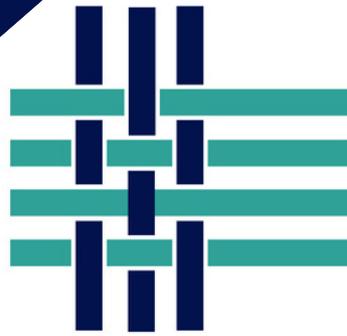


# Jess Stuart



**Global  
Threads  
Local Ties**

SIEBA HUI 25-26 JUNE 2024

## Speaker Bio:



**International Speaker, Coach  
& Author**

She is a senior leader with a background in Human Resources roles and she has a decade of working in people development. Businesses find Jess can speak their language.

A brush with burnout in her corporate career led Jess across the world to train with Buddhist monks and nuns. A decade later, after writing 7 books and running her own successful business she shares what she knows about mind-set, resilience and self-belief to empower people to unlock their potential.

She is a highly acclaimed event speaker and proud member of the rainbow community. She is described as inspiring, articulate and relatable by audiences. Jess has a passion for sharing her knowledge and motivating others with her words. She has featured on TV3, BBC, RNZ, Dominion Post, Stuff and NZ Business Magazine.

Jess is an international speaker, coach and author of 7 personal development books specialising in mindset, performance and leadership.



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